## **Current priority notes**

We would like to thank all the students, faculty and staff for their cooperation in preventing infection. The state of the spread of infection is still unpredictable such as increasing of new variants of COVID-19.

At our University, all students, faculty and staff who want to get vaccination can receive it by workplace vaccination.

We expect this will be an opportunity to recover a normal campus life. However, it requires time to take effect of vaccination and it is highly effective but not completely prevent from getting COVID-19. Therefore, it is important to continue to take infection prevention measures and we need your cooperation.

Now in addition to <u>basic infection prevention measures</u>, please pay particular attention to the following three points.

1. Refrain from dining as a group (including a "Home Party" or "Barbecue")

- X1. To sustain face-to-face classes, take cautions while eating and drinking on campus.
- ※2. Even when dining together is unavoidable, dine with no more than 4 people, within a minimum time and wear masks.
- **%**3. Excluding dining with family.

2. Refrain from traveling. (Especially, you should avoid visiting or travelling COVID-19 hot spots, even if it is your hometown.)

3. Refrain from participating in Karaoke.

- If infection from COVID-19 is suspected, please cooperate with the investigation and inspection of the city health center and take appropriate <u>actions</u> and <u>measures</u>.
- While wearing mask, you need to take precautions against heatstroke as well.
- Please see <u>the Center for Physical and Mental Health web site</u> for COVID-19 Vaccination at Mie University

As the COVID-19 pandemic wears on, some of you might feel overwhelmed by uncertainty. At the Mie University Center for Physical and Mental Health, we provide online support by our psychiatrist or clinical psychotherapist for students and faculty members who may need some help. Please feel free to call 059-231-9068.