

Current priority notes

Crisis Management Committee

June/7th/2022

We would like to thank all the students, faculty and staff for your cooperation in preventing infection.

In order to control the spread of COVID-19 infection, we ask for your continued cooperation in taking infection prevention measures such as health management, wearing a mask, hands disinfection, ventilation, and keep away from the situations to increase high risk of infections like dining as a group, please follow the regulations such as [Mie University Code of Conduct](#) or [Infection Control Measures in Mie Prefecture](#) (Request for Infection Prevention to save your life and health).

Regardless of the suggestions in the government's "Basic response policy", for the time being, please wear a mask on campus, with care to avoid heat stroke. Even outdoors, please wear a mask when having conversation.

In addition to [basic infection prevention measures](#), please pay particular attention to the following three points.

1. About dining as a group (including a "Home Party" or "Barbecue")

- ★ 1. To sustain face-to-face classes, take cautions while eating and drinking on campus.
- ★ 2. Avoid long hours meals or large group meals. When having meals with someone other than family living together, "Wear a mask for conversations" and "Eat in silence".
- ★ 3. Thorough infection prevention measures.
 - ① Keep sufficient distance between seats or installation of appropriately sized acrylic panels.
 - ② Disinfect hands.
 - ③ "Wear a mask for conversations".
 - ④ Thorough ventilation.
 - ⑤ Do not share chopsticks or cups.
 - ⑥ Avoid sitting directly next to or in front of the person.
 - ⑦ Cooperate with the restaurant's infection prevention policy. , etc.

2. About traveling. (Except coming to University for work or study)

※Refrain from visiting the place where the state of emergency or emergency measures focused on specific areas to prevent the spread of COVID-19 are declared or area where shorter business hours are requested unless for maintaining everyday lives. (This does not apply to coming to University.)

※Take preventative measures for COVID-19.(If you did not get vaccinated ,consider such as getting PCR Test voluntarily .)

※Consider to avoid the rush hour.

※Such as avoiding long hours meals or large group meals for two weeks before going back to hometown, take preventative measures thoroughly.

3. Refrain from participating in *Karaoke*.

- When you are wearing a mask, be aware of [heatstroke prevention](#) as well
- If infection from COVID-19 is suspected, please cooperate with the investigation and inspection of the city health center and take appropriate [actions](#) and [measures](#).
- Before practical training classes you may take PCR test or an Antigen test, even you are tested negative, depends on the time or sensitivity of detection of the test ,it is difficult to deny the possibility of your infection. So, it is important to take your daily health record and check your physical condition as before.

As the COVID-19 pandemic wears on, some of you might feel overwhelmed by uncertainty.

At the Mie University Center for Physical and Mental Health, we provide online support by our psychiatrist or clinical psychotherapist for students and faculty members who may need some help. Please feel free to call 059-231-9068.