

2025年3月13日

国際理解実践1（シェフィールド大学国際理解研修）

2024年度三重大学国際交流事業実施報告

2024年度後期集中講義「国際理解実践1」は、学生を英国に3週間派遣し、シェフィールド大学英語教育センター（English Language Teaching Centre: ELTC）において、他国の学生と共に英語、英国の文化、歴史を学ぶとともに、現地の一般家庭でホームステイを行うことを通して、英語のみの環境での日常生活を体験する国際理解研修を実施する授業である。多様な文化的背景を持つ人々と交流することにより、異文化に対する幅広い理解と異文化間コミュニケーション力を高めることを通して、世界的視野を備えたグローバルに活躍できる人材の育成を目指す。

シェフィールド大学での研修には、ELTCにおいて2025年2月17日～3月7日に実施し、5学部16名の学生が参加した。受講生の内訳は以下の通りである。

学部 \ 年次	1年	2年	計
人文学部	5	0	5
教育学部	1	0	1
医学部	5	0	5
工学部	1	0	1
生物資源学部	2	2	4
計	14	2	16

研修には、授業担当者2名の教員が引率し、学修面・生活面の相談に乗るなどの支援を行った。参加者は、それぞれの語学力に応じたクラスに登録し、他大学から研修を受けに来ている多国籍の学生との混合クラスで研修を受けた。研修内容としては、ELTCの教員によるリーディング・ライティング、スピーキング・リスニングに関する講義の受講と日帰り研修旅行が提供された。また、研修のプログラムには含まれないものの、ELTCやシェフィールド大学において提供されている課外活動への参加を通して、現地の学生と交流を深めた学生もいた。

なお、研修期間中は、ELTCと連携しているホームステイ団体による支援を受け、現地の一般家庭にホームステイを実施した。



研修の伝統：ELTCの前で集合👍



シェフィールド市で冒険



リンカーン大聖堂と共に



みんなで仲良く🐱



アイス・ホッケー観戦



シェフィールド大学での授業風景
(プライバシーの関係で過去の写真を再掲)



そろそろ帰国🙄

海外研修に関するアンケート結果

海外研修に対する学生からの評価は以下の通りであり、概ね良好な結果であった。シェフィールド大学の英語教育センターは、イギリス国内最大規模で、外部委託ではなく大学独自で運営され、その研修の質の高さには定評がある。総合的な満足度では、そのことが評価されていると考えられる。また、英語のリスニング力やスピーキング力が向上したと高く評価されているのは、同センターの実践的な研修内容に起因すると考えられる。また、同センターが、長年、地元ホームステイ団体からの協力を得ながら実施しているホームステイは、高い評価を受けている。

アンケート結果（2025年3月14日現在）【回答者数15名、1：全く当てはまらない～5：とても当てはまる】

海外研修に関するアンケート結果	平均
A. 総合して、海外研修に満足できた。	4.5
B. 海外研修前の学内オリエンテーションは適切で合った。	4.5
C. 海外研修を通して、英語のリスニング力が向上したと思う。	4.7
D. 海外研修を通して、英語のスピーキング力が向上したと思う。	4.6
E. 海外研修を通して、英語のリーディング力が向上したと思う。	3.6
F. 海外研修を通して、英語のライティング力が向上したと思う。	3.9
G. 海外研修の授業外活動に満足できた。(ELTC 提供)	4.3
H. ホームステイに満足できた。	4.4

研修に関する感想（一部抜粋）

- I am really satisfied with this program overall. Next time, I want to study abroad for a long period.
- I was able to have a variety of experiences in these three weeks. All of them were valuable experiences for me, and I met many wonderful people. It was my first time studying abroad, so I was worried about many things, but having my teachers there helped me feel at ease. There was a lot of support financially, so the burden was less than I had imagined.
- I could learn about many cultures, not only British, but also Chinese, Korean, and so on, because I became friends with people from those countries, and I could broaden my views from those experiences. I can speak English more confidently than before.
- I have no regrets about this program. Everything was really great experiences. I was able to improve my English skills and I want to continue to study hard to improve my English. I was able to enjoy not only studying, but also taking trips on holidays.
- This study abroad experience was a good opportunity for me to negotiate my motivation to study English. For someone like me who had never been abroad, England was a great country.

来年度の受講生に向けてのメッセージ（一部抜粋）

- This experience became one of my best memories. Please enjoy it as much as you can by talking with local people, walking around Sheffield, shopping at the center and so on. Since food in the UK was so good, you don't have to bring so much Japanese food.

- If you are at all interested, please join the class!
- There are so many things that you can learn in this program and it is a really great experience. It is really good to spend time with host family, to study at the University of Sheffield, to be able to go with other Mie University students and teachers, and to travel on weekends.

International Understanding Practicum: Study Abroad Program at the University of Sheffield

2024 International Exchange Budget Report

The 2024-2025 second-term intensive course *International Understanding Practicum 1* gave students a wide range of experiences. 16 students went to England to study for three weeks at the University of Sheffield's English Language Teaching Centre (ELTC). Taking lessons alongside students from around the world, they improved their English while also learning about British culture and history. Furthermore, by spending the three weeks in an English-only environment living with a host family, they experienced everyday British life, culture, and values. These experiences expanded their worldview, improved their communication abilities, and moved them closer to becoming global contributors in the future.

The coursework at the ELTC ran from February 17 through March 7. The mix of students by faculty is shown below.

Student Year Faculty	1 st Year	2 nd Year	Total
Humanities, Law and Economics	5	0	5
Education	1	0	1
Medicine	5	0	5
Engineering	1	0	1
Bioresources	2	2	4
Total	14	2	16

The two instructors of the *International Understanding Practicum 1* course accompanied the students from Mie University to the University of Sheffield, providing guidance on studies and assisting with the adjustment to life in England. The students were assigned to one of ten course levels at the ELTC based on a thorough placement exam. Class sizes were small (usually 8-10 students) with extensive interaction between the students of various nationalities. ELTC instructors emphasized speaking and listening skills, vocabulary and grammar, as well as reading and writing. Students experienced an educational field trip and had the option to join activities after lessons such as conversation club, football, and squash, further deepening their relationships with students from other countries.



Our Tradition: Group photo at the ELTC 🙌



Adventures in Sheffield



Educational visit to Lincoln



Let's all enjoy England together! 🐱



First hockey game: Go Steelers!



A peek inside an ELTC class
(past photo reused due to privacy concerns)



Back to Japan already? 🤔

Study abroad program survey results

Feedback from the students about the study abroad program was positive on the whole. The ELTC is an integral part of the University of Sheffield and that quality appears to be reflected in the survey results. The contents of the program emphasized listening and speaking and indeed, most of the students felt strongly that they had improved in these areas. Many of the students reported that they became close with their own homestay host family.

Study abroad program participant survey results	Average
A. Overall: I am satisfied with the study abroad program.	4.5
B. Before going abroad: The orientation sessions and general guidance to prepare for England were appropriate.	4.5
C. My listening ability has improved through this study abroad program.	4.7
D. My speaking ability has improved through this study abroad program.	4.6
E. My reading ability has improved through this study abroad program.	3.6
F. My writing ability has improved through this study abroad program.	3.9
G. I am satisfied with the extracurricular activities offered by ELTC, such as trips, sports, and conversation club.	4.3
H. I am satisfied with the homestay.	4.4

Results as of March 14, 2025 – 15 respondents

Responses based on the Likert scale "1: Strongly disagree" through "5: Strongly agree"

Selected comments about the study abroad program

- I am really satisfied with this program overall. Next time, I want to study abroad for a long period.
- I was able to have a variety of experiences in these three weeks. All of them were valuable experiences for me, and I met many wonderful people. It was my first time studying abroad, so I was worried about many things, but having my teachers there helped me feel at ease. There was a lot of support financially, so the burden was less than I had imagined.
- I could learn about many cultures, not only British, but also Chinese, Korean, and so on, because I became friends with people from those countries, and I could broaden my views from those experiences. I can speak English more confidently than before.
- I have no regrets about this program. Everything was really great experiences. I was able to improve my English skills and I want to continue to study hard to improve my English. I was able to enjoy not only studying, but also taking trips on holidays.
- This study abroad experience was a good opportunity for me to negotiate my motivation to study English. For someone like me who had never been abroad, England was a great country.

Selected messages to next year's participants

- This experience became one of my best memories. Please enjoy it as much as you can by talking with local people, walking around Sheffield, shopping at the center and so on. Since food in the UK was so good, you don't have to bring so much Japanese food.
- If you are at all interested, please join the class!

- There are so many things that you can learn in this program and it is a really great experience. It is really good to spend time with host family, to study at the University of Sheffield, to be able to go with other Mie University students and teachers, and to travel on weekends.