Current priority notes

We would like to thank all the students, faculty and staff for your cooperation in preventing infection. As of September 30th, the State of Emergency was lifted. At our University we change the level of "Mie University Code of Conduct" to the same level as before the state of emergency declared. Regarding the Extracurricular activities, you can do other than online activities according to the rule.

At our University we conducted the COVID-19 Vaccination program, however, there were some cases that people got infected even after fully vaccinated. (Breakthrough infections) The new variants are highly infectious, so it is important to keep strictly taking all precautions such as wearing a mask, and following the <u>infection control measures in Mie Prefecture</u> to prevent the spread of infections.

In addition to <u>basic infection prevention measures</u>, please pay particular attention to the following three points.

- 1. Refrain from dining as a group (including a "Home Party" or "Barbecue") 💥 1~3
- X1. To sustain face-to-face classes, take cautions while eating and drinking on campus.
- ※2. Even when dining together is unavoidable, dine with no more than 4 people, within a minimum time and wear a mask.
- **%**3. Excluding dining with family.

2. Refrain from traveling. (Especially, you should avoid visiting or travelling COVID-19 hot spots, even if it is your hometown.)

3. DO NOT participate in Karaoke.

• If infection from COVID-19 is suspected, please cooperate with the investigation and inspection of the city health center and take appropriate <u>actions</u> and <u>measures</u>.

• Before practical training classes you may take an Antigen test, even you are tested negative, depends on the time or sensitivity of detection of the test, it is difficult to deny the possibility of your infection. So, it is important to take your daily health record and check your physical condition as before.

As the COVID-19 pandemic wears on, some of you might feel overwhelmed by uncertainty. At the Mie University Center for Physical and Mental Health, we provide online support by our psychiatrist or clinical psychotherapist for students and faculty members who may need some help. Please feel free to call 059-231-9068.