We would like to thank all the students, faculty and staff for their cooperation in preventing infection. As the infection continues to spread, "State of emergency" has been issued in Aichi prefecture, which is close to Mie prefecture, as well as in Osaka, Hyogo, Kyoto, Tokyo, and Fukuoka. And also the spreading of infection in Mie Prefecture overwhelmed with work in all hospitals in the area.

We need your cooperation to prevent thoroughly the spread of COVID-19 and secure opportunities for learning and researching in such a difficult situation. So now in addition to <u>basic infection</u> <u>prevention measures</u>, please pay particular attention to the following three points.

- 1. Refrain from dining as a group (including a "Home Party" or "Barbecue")
- X1. To sustain face-to-face classes, take cautions while eating and drinking on campus.
- \*2. Even when dining together is unavoidable, dine with no more than 4 people, within a minimum time and wear masks.
- \*3. Excluding dining with family.
- 2. Refrain from traveling. (Especially, you should avoid visiting or travelling COVID-19 hot spots, even if it is your hometown.)
- 3. Refrain from participating in Karaoke.
- If infection from COVID-19 is suspected, please cooperate with the investigation and inspection of the city health center and take appropriate <u>actions</u> and <u>measures</u>.

As the COVID-19 pandemic wears on, some of you might feel overwhelmed by uncertainty.

At the Mie University Center for Physical and Mental Health, we provides online support by our psychiatrist or clinical psychotherapist for students and faculty members who may need some help. Please feel free to call 059-231-9068.